



## **ADDICTION: WHY ME?**

### **SAVING THOSE WHO LOVE AN ADDICT!**

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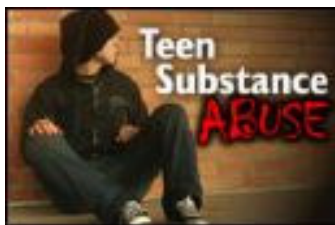
*You will find that knowledge is the greatest tool that you can acquire in addressing the problem of ADDICTION! As with anything else, the more you know about something the more you understand how to deal with that particular thing... Addiction is a phenomenon that baffles those, who are not and even those who are, afflicted with this...*

**Chronic, progressive and often fatal disease!**

**Enable:** To supply with the means, knowledge, or opportunity, make able...

**To Enable:** To help to make something possible...

*Alcohol is a drug, period... from this point on, when referring to drugs; Alcohol is included in the list of addictive drugs!*



*Most who access my information will be desperate to find help with a teenage addict, but this problem reaches far beyond the children. You will find that addicts, young and old, have more in common than they have differences. Addicts, contrary to how it may seem, are predictable in stages that they go through, and ongoing behaviors!*

**The information provided here is not technical, and will be easily understood!**

You are going to need to be open-minded and willing to change your concept of what has happened to the ADDICT in your life! Traditional values and thinking about “will”, “character”, and “motivation”, will be redefined in regard to the ADDICT! They are sick, afflicted with a “disease of the brain”... control of their lives has been stolen away; much as it is in other commonly known diseases.

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## **THE DISEASE**

E. M. Jellinek published “The Disease Concept of Alcoholism” in 1960. This model has generally been adapted to address all addictive drugs. You may, but will not absolutely need to, read this reference. It serves us to say that most substance use and abuse treatment professionals accept that Addiction is a disease. It is classified as a disease by both American, medical and psychiatric professional associations, as well as the World Health Organization.

Recent advances in the field of “Neurology” have revealed a new insight into the disease of addiction. This very complicated medical science has brought to light some very practical understanding of addiction and of the addict and his thinking and behavior. Much is revealed when you see drug addiction as a **DISEASE OF THE BRAIN!**



**“E. M. JELLINEK” – AUTHOR OF  
THE DISEASE CONCEPT OF ALCOHOLISM**

**NOW WE WILL BEGIN OUR JOURNEY INTO ENABLING OURSELF TO BE OF HELP!!!**

## ***OPEN YOUR MIND AND YOUR HEART WILL FOLLOW!***

Until quite recently most people have thought of addiction as just a lot of drug use that was a matter of choice, and that addicts were either weak willed or just didn't care. Some have thought of addicts as being people who had just chosen to be criminals; lazy, non-conformist, or just "bad" people. Most people thought that you could move back and forth between addiction and being just a drug user. The truth is that the circumstances of addiction are not voluntary.

The reality is that when you reach the point of addiction with a drug, you move into a different state of mind and being. You live in the state of obsessive, compulsive, uncontrollable drug use. Barriers and limitations that socialization has instilled as acceptable no longer exist for you. In addiction you have become "at the will of the drug" period. Free will is not applicable once one has reached the point of being "addicted".

Yes, it's true that in the beginning there was a choice, but that choice disappears for the person prone to addiction. In this I mean that genetically, physically, and/or mentally, some people are pre-disposed to addiction. Most people have their original contact with drug use in peer settings, as children. Most people who try drugs do not become addicts. They are able to put them aside for reasons rooted in common sense and desire to achieve, or because they fear the consequences that occur. Very, very few people go to the state of addiction and just say "I quit" and walk away from the drugs. Truly, if you can do this you probably have not actually entered addiction. Someone who is just a user has a choice, but the addict does not.

Most people can control their initial drug use, but once addicted this is no longer possible. The addict needs help. They cannot control the overwhelming cravings. They need help in this and dealing with their compulsive, uncontrollable drug use. They need treatment as do people with any other disease.

What is the essence of addiction from a scientific standpoint? What facts support the foundation that supposes that an "addict" has no control and that free will has nothing to do with their ability to stop? What indicates that without help, they have little or no hope of recovering, from this "state of addiction" that has occurred in their brain?

## ***DRUGS ARE THE CENTER, THE “ESSENCE” OF AN ADDICTS LIFE!***

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The overwhelming, compulsive, uncontrollable use of drugs is a central factor in the life of an addict. Their need to satisfy the cravings becomes dominant in all behavior. It does not matter what drug they choose. Nothing will satisfy the overwhelming craving except their drug-of-choice. Meth users will not settle for heroin. Heroin users will not be satisfied with marijuana. Crack users have no desire for downers (sedatives, painkillers, etc.). It is not about coming down, fearing dramatic withdrawal symptoms, or anything like that, that produces continued cravings (though an addict will use these to justify and rationalize illegal, immoral thing that they do to obtain the drug). In fact, there are few withdrawal symptoms associated with crack and methamphetamines, two of the most addictive substances known. It is not the physical part that matters. It is truly the psychological aspect of addiction that produces cravings that result in continued use of and progressively, using more and more of the chosen drug. It's actually more like “the drug that chose them”, for the addict. Free will and the ability turn away from drugs is no longer an option. An addict cannot do this for his job, his health or, sadly, even his mother or his wife; not even for his own children. Physical harm, jails and prisons, and often even the possibility of death are just obstacles to be overcome in the insatiable need for, and quest to obtain, the addict's drug-of-choice!

Having lost the ability to choose not to use the drug, the addict's life progressively centers more and more on the drug. Drugs become the reason to get up and get out of bed. Drugs become the excuse not to do things that discourage their use. They are “thee pleasure” in the addict's life. Addicts in later stages of addiction will choose that drug-of-choice over the euphoric pleasure of sex! Use of money is prioritized with obtaining drugs as number one. You see, the addict **has to have that drug!** Unless his craving is appeased nothing can be all right for the addict. When they are compulsively obsessing over the need to satisfy the cravings, few barriers exist. Principles, rules and morality become non-existent. This is the truth regarding the disease of addiction that changes a user into the fiend that addicts eventually become.

How can this be?

I can't imagine anyone being that weak!

Don't they care about anything?

I just can't understand what is wrong with him!

Doesn't she see what is happening to her life?

***ADDICTION IS A DISEASE OF THE BRAIN, RESULTING IN FUNDAMENTAL,  
LONG LASTING CHANGES!!! [ORDER THE REMAINDER ON MY SITE!](#)***